



The End-of-Life Nursing Education
Consortium (ELNEC)

Core Curriculum

Photo: Michele Weaver

Offered Throughout Eastern North Carolina

February 5-6, 2020

Eastern AHEC
2600 W. Arlington Blvd.
Greenville, NC

March 3-4, 2020

McLendon Hall Room 104 and 105
Elizabeth City State University
Elizabeth City, NC

May 12-13, 2020

Eastern AHEC
2600 W. Arlington Blvd.
Greenville, NC

November 3-4, 2020

Eastern AHEC
2600 W. Arlington Blvd.
Greenville, NC

Jointly provided by Eastern AHEC Department of Nursing and Allied Health Education and Vidant Health



Description

The End-of-Life Nursing Education Consortium (ELNEC) project is a national education initiative to improve palliative care in the United States by providing consistent, advanced education on end-of-life care.

This two-day course focuses on the core areas of end-of-life care and includes palliative care; pain and symptom management; ethical, cultural and spiritual considerations; communication; and preparation for and care at the time of death. Case studies, video clips, personal experience sharing, experiential learning and role play are used to reinforce the concepts taught. Each participant will receive an email containing a link with materials and resources discussed during the course.

This course is based on the End-of-Life Nursing Education Consortium training model previously supported by a grant from the Robert Wood Johnson Foundation to the American Association of Colleges of Nursing and City of Hope National Medical Center.

Who Should Attend?

This course is appropriate for anyone whose role involves providing care for the person at the end-of-life, and/or support for their families.

- Registered Nurses
- Case Managers
- Social Workers
- Health Educators and Health Coaches
- Chaplains and other Religious Leaders
- Respiratory Therapists
- Death Doulas
- Other health care professionals who have an interest in palliative and end-of-life care, including bereavement coordinators and volunteer service coordinators.

Course Objectives

- Discuss the need to improve palliative care and role of the members of the interdisciplinary team in providing quality care.
- Review basic principles of pain assessment and management with a focus on pain at the end-of-life.
- Describe common symptoms associated with end-of-life processes for patients across the life span and interventions that can prevent or diminish symptoms at the end-of-life.
- Discuss the key ethical issues and dilemmas in end-of-life / palliative care and the resources to address these in practice.
- Identify dimensions of culture and the influence of culture and spirituality beliefs on palliative care for patients across the life span.
- Illustrate the importance of ongoing communication with the interdisciplinary team, patient and family throughout an end-of-life process.
- Describe the challenging aspects of loss, grief and bereavement of patients and families as well as the loss experiences of health care staff providing care.
- Review the care surrounding the death of a patient emphasizing assessment and interventions necessary to ensure quality care.

Agenda

Day 1

7:30 a.m. Check-In
8:00 a.m. - 5:00 p.m. Program

Day 2

7:45 a.m. Check-In
8:00 a.m. - 5:00 p.m. Program

This 2-Day course will cover the following topics:

- Introduction to Palliative Care
- Pain Management
- Symptom Management
- Ethical Issues
- Cultural and Spiritual Issues in End of Life Care
- Communication
- Loss and Grief
- Final Hours
- Advance Care Planning
- Moral Distress and Self-Care

Faculty

Vicki T. Dougherty, BA

Community Education and Outreach Coordinator
Vidant Health

Mary Lou Infinito

Community Education and Outreach Coordinator
Vidant Health

Ellie Ward, BSN, RN

Community Education and Outreach Coordinator
Vidant Health

Credit

Nurses

14.5 CNE contact hours

Eastern AHEC Department of Nursing and Allied Health Education is approved with distinction as an Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Centers Commission on Accreditation.

Respiratory Therapists

This course has been approved by the NC Respiratory Care Board in accordance with 21 NCAC 61 .0401.

Other Professionals

14.5 Eastern AHEC Contact Hours

All participants must attend the entire program in order to earn credit. Participants will be verified by check in at the start of the program and initial out at the program's conclusion. Certificates will be awarded after the participant completes the evaluation.

Registration Information

Seating is limited; early registration is recommended. Registration is online only at www.easternahec.net and requires a current MyAHEC account.

Non Vidant Health Employees \$185
Full scholarship provided for Vidant Health Employees \$0

The registration fee includes program materials, lunch (one day), breaks and credit.

For further information contact Eastern AHEC at 252-744-4315.

Attendance at this activity grants permission for Eastern AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify an AHEC staff member if you have concerns.

Cancellation Policy

- Cancellations must be in writing (easternahec@ecu.edu).
- Registrants canceling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than two full business days prior to the event.
- Cancellations greater than two weeks prior to the event will receive 100% refund.
- No vouchers will be issued in lieu of a refund.
- Transfers/substitute(s) welcome (notify in advance of the program).

Handouts

Handouts will be available online only. One week prior to the program, registrants will receive a confirmation email with instructions to access handouts along with other program information.

Evaluations will be emailed after the program. Once the evaluation has been completed, your certificate will be available.

Americans with Disabilities Act



Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the Department of Disability Support Services at (252) 737- 1016 (V/TTY) at least five business days prior to the program.

Please bring a sweater or lightweight jacket to ensure your comfort.

Past Participant Comments

"I feel empowered to not fear these discussions as much as before. While never easy, it is unfair to rob a patient and their family of what quality time they have left due to a lack of understanding about this issue."

"This course has deepened my understanding of what role I play on the interdisciplinary team and given me some practical tools for caring for patients, families and staff in difficult circumstances."

"This wonderful training should be a requirement for anyone in a clinical field. We all need to do a better job in educating patients and families about end of life issues and of the difference between palliative and hospice care."