# ECU Health Beaufort Hospital

### **Unit Fact Sheets**

Critical Care Intensive Care Unit

Emergency Adult Emergency Department

Medicine 3E Medicine

Surgical Services 2E Surgery

Women's & Children's 3W Women and Newborn Services





## ICU/IU ECU Health Beaufort Hospital

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#### **Overview**

Bed Count: 11-bed flex unit; intensive and intermediate care
Staffing Ratios: 1:2-3 for ICU patients; 1:4 for intermediate patients
Shift Options: Day, night, rotating day/night, rotating weekends
Scheduling: Self-scheduling

**Primary Population:** The population consists of the critical and/or acutely ill or injured adult and geriatric patient requiring medical or surgical intervention and monitoring.

Leadership: Rebecca Sanders, Interim Nurse Manager, Rebecca.Sanders@ecuhealth.org

#### **Patient Care**

The population consists of the critical and/or acutely ill or injured adult and geriatric patient requiring medical or surgical intervention and monitoring. Specialties include but are not limited to:

- Pulmonary disease process requiring increased oxygen requirements and mechanical ventilation
- Congestive heart failure and chronic cardiac processes requiring critical monitoring
- Chronic medical conditions requiring critical monitoring
- Surgical patients needing intensive monitoring

Skills utilized include but are not limited to continuous infusion medication management, pain management, wound care, continuous cardiac monitoring, arterial line maintenance, central line maintenance, and chest tube maintenance. Pulmonary arterial catheter management and mechanical ventilation management are included in the ICU setting.

Registered nurses provide care in conjunction with the nursing assistant and medical team. Assignments are based on the patient's needs, the geographical location of the patients, and the resources available.

BLS is required upon hire, NIHSS (National Institutes of Health Stroke Scale) is required within 30 days of hire and ACLS is required within 1 year of hire. These certifications must remain active. Crisis Prevention Training (CPI) is preferred

## **Emergency Department** ECU Health Beaufort Hospital

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#### **Overview**

Bed Count: 16-bed unit

Staffing Ratios: 1:4 RN-to-patient

Shift Options: Day, night, rotating day/night, rotating weekends (based on staff preference and unit needs)

Scheduling: Self-scheduling

Primary Population: Adult and pediatric emergency department patients

Leadership: Brenda Emory, Nurse Manager, brmuelle@ecuhealth.org / Nancy Wallace, Emergency Nurse Coordinator, Nancy.Wallace@ecuhealth.org

#### **Patient Care**

The population consists of adult and pediatric emergency patients. This includes, but is not limited to:

- Acute stroke
- Behavioral health
- Heart attack
- Critical care
   OR/CVN

• Trauma

OB/GYN

Registered nurses provide care in conjunction with the nursing assistant, paramedic and other medical team. Assignments are based on the patient's needs, the geographical location of the patients, and the resources available. BLS is required upon hire.

**Crisis Prevention Intervention** 

#### Certifications required within 6 months of hire:

ACLS

• Incident Command training within 30 days

- PALS
- NIHSS

Basic Dysrhythmia

#### Commonly utilized skills include:

- IV start skills
- Peripheral lab draws
- Arterial blood draws
- Various intravenous drips (e.g. cardiac, insulin, heparin, cardiac monitoring)
- Restraints
- Arterial lines and central lines management

## **3E Medical Unit** ECU Health Beaufort Hospital

#### **Overview**

Bed Count: 26-bed unit
Staffing Ratios: 1:5-6 RN-to-patient
Shift Options: Day, night, rotating day/night, rotating weekends
Scheduling: Self-scheduling
Primary Population: Pulmonary disease processes, CHF and chronic cardiac processes, GI disturbances, hypertension, infectious disease processes, diabetes, telemetry monitoring
Leadership: Rebecca Sanders, Nurse Manager, Rebecca.sanders@ecuhealth.org

#### **Patient Care**

Registered nurses provide care in conjunction with the nursing assistants and the medical team. Assignments are based on the patient's needs, the geographical location of the patients, and the resources available.

BLS is required upon hire, NIHSS (National Institutes of Health Stroke Scale) is required within 30 days of hire and ACLS is required within 1 year of hire. These certifications must remain active. Crisis Prevention Training (CPI) is preferred.

## **2East Surgical Unit** ECU Health Beaufort Hospital

### **BECUHEALTH**

#### **Overview**

Bed Count: 27-bed flex unit (intermediate and general)

Staffing Ratios: 1:6 RN-to-patient

Shift Options: Day, night, rotating day/night, rotating weekends

Scheduling: Self-scheduling

**Primary Population:** Acutely ill or injured adult and geriatric patients with varying stages of recuperation from diagnostic, therapeutic or surgical interventions.

Leadership: Robin Watson, Nurse Manager, robin.watson@ecuhealth.org

#### **Patient Care**

The population consists of surgical patients and medicine overflow to include:

- Orthopedic surgery (total joints)
- Bariatric surgery (gastric sleeve & low gastric bypass)
  Stroke
- General surgery (GI, appendectomy)Urology surgery and procedures

Registered nurses provide care in conjunction with the nursing assistant and medical team. Assignments are based on the patient's needs, the geographical location of the patients, and the resources available. The charge nurse does not have a patient assignment.

#### Commonly utilized skills include:

- Blood administration
- NIHSS & neuro assessment
- NGT placement and management
- Drain management

- IV start skills
- Various intravenous drips (heparin, antibiotics)
- Dysrhythmia management

### **3W Women and Newborn Services** ECU Health Beaufort Hospital

### **BECUHEALTH**

#### **Overview**

Bed Count: 14-bed unit (4 labor rooms, 2 triage rooms and 8 postpartum/GYN/antepartum/medical overflow rooms)
Staffing Ratios: Follow AWHONN standards for nurse-to-patient ratio
Shift Options: Day, night, rotating day/night, rotating weekends

Scheduling: Self-scheduling

Primary Population: Pregnant women delivering at 35 weeks and greater; without severe complications of pregnancy Leadership: Jeanine Wheeless, RN, RNC-OB, Nurse Manager, Jeanine.wheeless@ecuhealth.org

#### **Patient Care**

The patient population consists of pregnant mothers and newborns of 35 weeks gestation and greater. However, it also may include:

- Labor and delivery
- Postpartum
- GYN patients including post-operative GYN surgeries
- Antepartum patients less than 35 weeks who are stable and do not need to be delivered
- Newborn Nursery and Infant Phototherapy readmissions
- Medical overflow of (clean) medical patients

Patients in this setting may require one on one care for labor and delivery, and antepartum women on Magnesium therapy. Rooming in with mother is routinely practiced for all healthy newborns. Mom/Baby care is assumed by the same nurse up to three couplets. Newborns requiring respiratory intervention and awaiting transfer of care will receive one to one care.

Registered nurses provide care in conjunction with the nursing assistant and medical team (obstetric and pediatric providers), including respiratory therapy and anesthesia. Assignments are based on the patient's needs, the geographical location of the patients, and the resources available. The charge nurse may have a patient assignment. BLS is required upon hire. ACLS within 6 months.

#### Commonly utilized skills include:

- IFM
- NRP
- Foley Insertion and Care
- IV start skills

- Assisting Anesthetist with patient care during Epidural Placement
- Various intravenous drips (e.g. pitocin, magnesium)
- PACU recovery of Postpartum C-Section
- Infant IV placement