

Outer Banks Health Hospital



Unit Fact Sheet

Emergency

Emergency Department

Medicine

Medical Surgical Unit

Peri-Operative Services

Pre-Op, Operating Room, PACU

Women's & Children's

Labor & Delivery



Outer Banks
Health™

Emergency Department

Outer Banks Health Hospital

Overview

Bed Count: 21-bed unit (individual rooms)

Staffing Ratios: 1:4 RN and variable based on acuity requirements

Shift Options: Day, night, mid-shifts with rotating weekends

Scheduling: Self-scheduling

Primary Population: Age distribution of patients is variable due to our tourist community which includes pediatric to geriatric. There are two hospital-owned urgent care facilities that serve immediate and convenient care seven days a week, which impact the hospital ED's higher acuity.

Patient Care

Outer Banks Health Hospital's Emergency Department is open 24/7 to deliver life-saving care when it's needed. In addition to treating general emergencies, we are an acute stroke-ready hospital, and we also provide specific treatment such as cardiac monitoring and orthopedic care, all while maintaining as much privacy as possible.

The Outer Banks Health Hospital's care team includes physicians who are board eligible and/or certified in emergency medicine or family medicine, nurse practitioners, physician assistants, and nurses certified in advanced cardiac life support and pediatric advanced life support. Based on the patient's condition, we may provide care in the Emergency Department. However, if more specialized care is required, the patient may be admitted or transferred to a higher level of care.

Registered nurses provide care in conjunction with the care partner and medical team. Assignments are based on the patient's acuity. BLS is required upon hire with ACLS, PALS, and NIHSS after 6-months of experience.

Commonly utilized skills include:

- Physical assessment
- Critical thinking
- Teamwork and communication
- Organization
- Triage prioritization and decision-making

Medical Surgical Unit

Outer Banks Health Hospital

Overview

Bed Count: 17 medical beds

Staffing Ratios: 1:5 RN-to-medical patient

Shift Options: Day, night as unit needs change, with rotating weekends and holidays

Scheduling: Self-scheduling

Primary Population: The population consists of pediatric and adult patients requiring general medicine level of care. Outer Banks Health Hospital does not maintain an intermediate unit.

Patient Care

Patients may experience acute exacerbation of acute or chronic medical conditions. The frequent diagnoses may include cardiac diseases such as CAD, CHF, R/O MI, end end-stage renal and liver disease, compromised respiratory disease including asthma, COPD, pneumonia, fluid volume imbalance, sepsis, and other general-medicine conditions. The team also provides care for Orthopedic, General Surgery, Pediatric, GYN, Plastics, ENT, and additional general-medicine level of care conditions requiring intervention.

Registered nurses provide care in conjunction with the nursing assistants and other members of the care continuum, multi-disciplinary care teams. Assignments are based on the patient's needs, the geographical location of the patient, and the resources available. BLS is required upon hire, and ACLS is required after six months of experience.

Commonly utilized skills include:

- Physical assessment
- Critical thinking
- Communication
- Organization
- Decision making
- Dedicated Team approach to care

Peri-Operative Services (Pre-Op, OR, PACU)

Outer Banks Health Hospital

Overview

Bed Count: 3 OR's, 1 Endo suite, 1 Labor and Delivery OR, 8-bay PACU

Staffing Ratios: 1:1 RN to patient in OR; 1:1 or 1:2 in PACU

Shift Options: Days, with On-Call Evening/Overnight and Weekends

Scheduling: Shared scheduling with Director oversight

Primary Population: Adult and pediatric surgical patients

Patient Care

Colleagues working in Peri-Operative Services provide care to patients in all phases of surgical care: pre-operative, operating rooms, and post-anesthesia care unit (PACU). Imperative skills include teamwork, critical thinking and organization, strong understanding of anatomy and physiology, and patient commitment to patient advocacy.

Registered Nurses provide care in conjunction with Surgical Technologists, Licensed Practical Nurses, Anesthesiologists, Certified Registered Nurse Anesthetists, and Surgeons. BLS is required upon hire and ACLS is recommended after 1 year of experience. Basic EKG.

Commonly utilized skills include:

- Physical assessment
- Critical thinking
- Communication
- Organization
- Decision making
- Manual dexterity
- Anticipation of needs
- Situational awareness

Women's Health Labor & Delivery

Outer Banks Health Hospital

Overview

Bed Count: 2 Labor & Delivery Suites (LDRP), 2 OB Triage rooms and 4 Mother/Baby Suites

Staffing Ratios: AWHONN Standards, Mother/Baby 1 :3 Ratio

Shift Options: Day, night as unit needs change, with rotating weekends and holidays

Scheduling: Self-scheduling

Primary Population: The pregnancy population consists of low-risk, OB/ GYN patients. High-risk patients are triaged, stabilized, and transferred to a higher level of care as indicated.

Patient Care

Patient care is bedside nursing support for the pregnant patient. OB triage, labor management, Cesarean section, recovery and Mother Baby care. As an L&D Nurse, you will share in the responsibilities of unit governance, charge nurse, and other growth opportunities. Team RN's participate in educational support such as AWHONN , NRP, childbirth education, and much more.

This team of highly skilled nurses provides care in conjunction with the Obstetrician and other members of the care continuum and multi-disciplinary care teams. Assignments are based on AWHONN , AAP recommendations, and the patient's needs. BLS required at hire. ACLS, NRP, and Intermediate AWHONN are required within six months of hire.

Commonly utilized skills include:

- Physical assessment
- Critical thinking
- Communication
- Organization
- Decision making
- Dedicated team approach to care